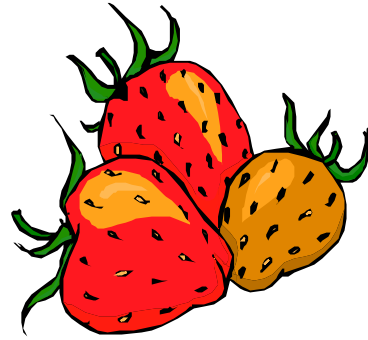
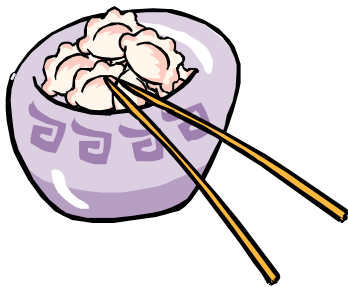




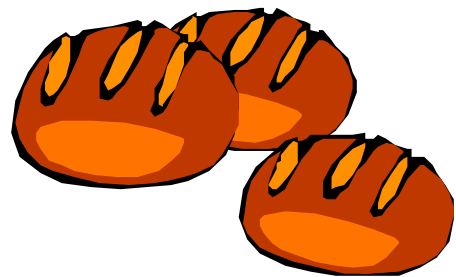
Käsebröt



Erdbeeren



Reis



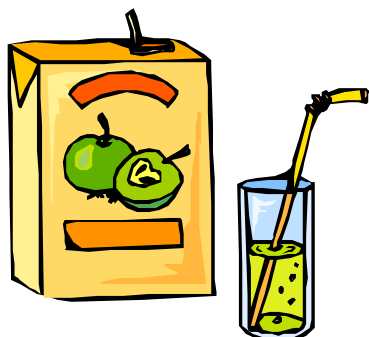
Vollkornbröt



Milch



Nüsse



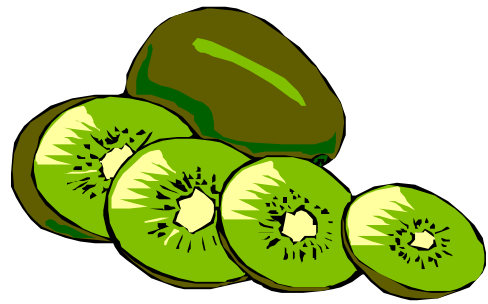
Fruchtsaft



Nudeln



Obst



Kiwi



Gemüse



Wasser



Jogurt



NIE

Legekärtchen

GESUNDE ERNÄHRUNG

Lege die drei Kärtchen mit den Gesichtern auf, ordne die Speisen nun zu.
Kontrolliere auf der Rückseite!

Legekärtchen

GESUNDE ERNÄHRUNG

Lege die drei Kärtchen mit den Gesichtern auf, ordne die Speisen nun zu.
Kontrolliere auf der Rückseite!



OFT



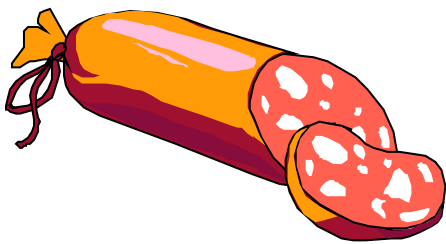
SELTEN



Schokolade



Cola



fette Wurst



Butter



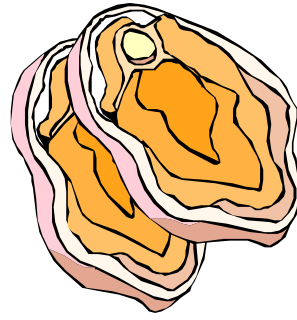
Bier und Chips



Pommes



Limonade



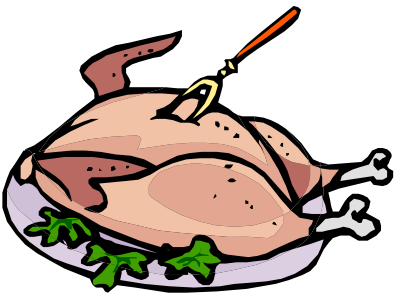
fettes Fleisch



üppige Torte



Schlecker



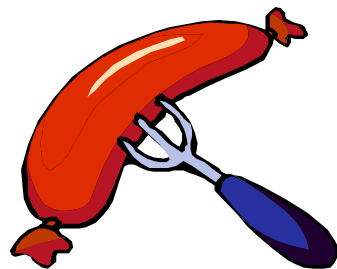
fetter Braten



Hamburger



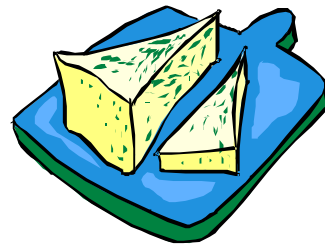
süße Creme



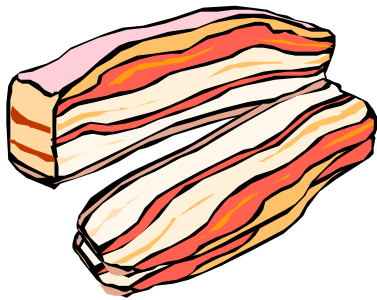
fette Bratwurst



Alkohol



fetter Käse



Speck



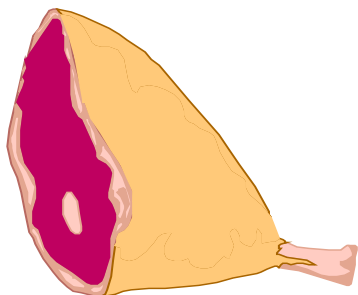
süßes Eis



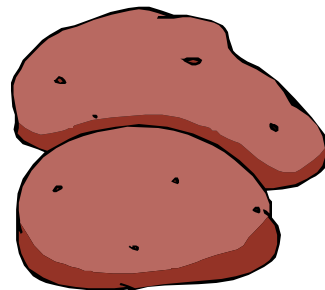
Öl



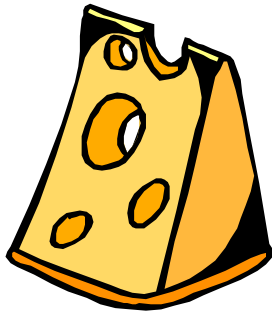
Zuckerl



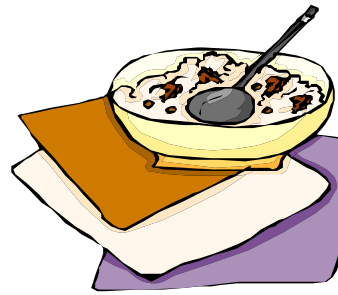
mageres Fleisch



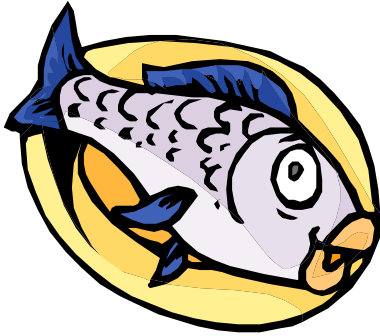
Kartoffel



magerer Käse



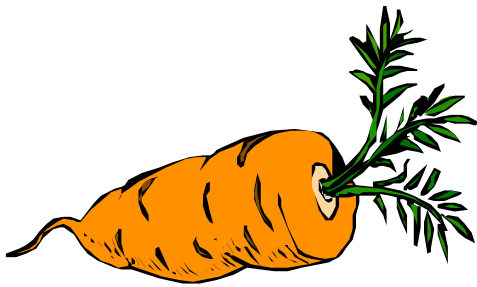
Müsli



Fisch



Gemüsekuchen



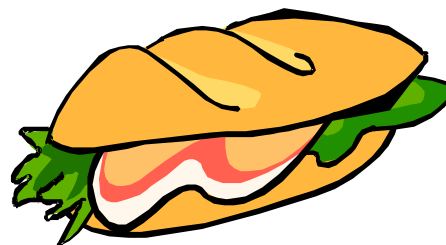
Karotte



Weintrauben



Salat



Kornspitz mit Schinken