

**Start**  
Flour up,  
get down!!

Jump  
up and  
down

Turn  
around

Ask:  
What's  
the time!

Sing  
a  
song

Drink  
some  
water

Open  
the  
door

Open and  
close the  
window

Sit on  
a chair

**Finish**  
You're the  
chase!!

Dance the  
"rain  
dance"

**THESE  
DANCE  
OUT!**

**JUMP AND RUN**